



Marines.dodlive.mil/files/2013/04/mainimage21.jpg

GREAT RESOURCES TO SUPPORT MILITARY CHILDREN

April 2013

Compiled by The Veteran Family Support Alliance in New York's Hudson Valley

www.vetfamsa.org 845-226-4218

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The following list provides a sample – by no means a comprehensive list – of resources for supporting the military child. Most of these can be read in full online or downloaded by going to the organization's page (<http://...>) and clicking the hotlinked article title.

ASSOCIATION OF SCHOOL ADMINISTRATORS:

<http://www.aasa.org/content.aspx?id=9004>

10 Things Military Teens Want You to Know (PDF)

The National Military Family Association created this toolkit to give the people in military teens' lives a way to help them manage the best and hardest parts of military life.

Best Practices: Building Blocks for Enhancing School Environment

Monograph from the Military Child Initiative identifies four important components to creating a positive, supportive school environment.

Building Resilient Kids Online course from the Military Child Initiative is for school administrators, support staff and teachers to help all students meet life's challenges with resilience, focusing primarily on students from military families.

Education Resource Center

This page on the Military Child Education Coalition website provides information about state school requirements and resources for 50 states, DoDEA and Washington, D.C. Topics include assessment, curriculum and state standards, graduation/promotion requirements, planning for college, and special education.

Educators Guide to the Military During Deployment (PDF)

This booklet, sponsored by the Educational Opportunities Directorate of the Department of Defense, is intended to help educators build coping skills in students during and after a military deployment.

For Love Of Liberty: The Story of America's Black Patriots

A 4-hour, 2-part documentary that provides audiences with an understanding of the role African Americans played in the history of the United States.

How To Prepare Our Children and Stay Involved in Their Education During Deployment (PDF)

Tips for parents and educators from the Military Child Education Coalition.

Military Students on the Move: A Toolkit for School Leaders (PDF)

The School Leader's Toolkit is prepared by the Department of Defense to assist installation commanders, educators, and families involved in large-scale military relocations.

Military Student Passport

Designed to help students capture critical information before each move and be aware of the cycles of emotions that can accompany each change. To order, contact Kathleen O'Beirne at kathleenobeirne@aol.com. The passports cost \$4.95 + \$1 postage.

Military Youth on the Move

This website for kids covers topics for military youth, like dealing with deployment and moving to a new location, and everyday youth topics, like dealing with divorce.

SOAR (Student Online Achievement Resources)

A program for military families and the school districts that serve them. It aims to address the unique challenges facing military children in our nation's public schools, while benefiting the overall student population.



Students at the Center

An educational resource for military families, military leaders and school leaders from the The Department of Defense Education Activity's Educational Partnership. Provides information on important policies, procedures, and best practices that are critical to supporting the needs of military families' education.

Tackling Tough Topics: An Educator's Guide to Working with Military Kids

A publication designed to help educators better understand and respond to the unique issues facing military kids whose parents or loved ones have been or are currently deployed, from the Washington State Office of the Superintendent of Public Instruction.

Talk, Listen, Connect: Deployments, Homecomings, Changes (Sesame Workshop)

A bilingual (English and Spanish) multimedia outreach program designed to support military families with children between the ages of two and five who are experiencing deployment, multiple deployments, or a parent's return home changed due to a combat-related injury.

Tips for Helping Students Recovering From Traumatic Events (PDF)

A U.S. Department of Education guide for parents and students who are coping with the aftermath of a natural disaster, as well as teachers, coaches, school administrators and others who are helping those affected. Although the focus is on natural disasters, these tips may apply to other traumas students may experience.

Working with Military Children: A Primer for School Personnel (PDF)

The primer from the Virginia Military Family Services Board looks at the four major aspects of military lifestyle: separations or deployments, homecomings, relocation, and crises. It includes an activities section designed to help children cope with the adjustments that a military lifestyle can demand.

Books

- *Finding My Way: A Teen's Guide to Living with a Parent Who Has Experienced Trauma* - Examines the teenager's experience of having a parent who has endured trauma-ranging from military combat to domestic violence to 9/11 to natural disasters.
- *My Story: Blogs by Four Military Teens* - A series of blogs which gives a voice to the teen experience before, during and after parental deployment to Iraq/Afghanistan

OUR MILITARY KIDS -- Small grants to support extracurricular interests of military connected kids
<http://www.ourmilitarykids.org/wp-content/uploads/2012/07/flyer.pdf>

Provides tangible support to children of deployed National Guard and Reserve personnel as well as to children of severely injured service members through grants for enrichment activities and tutoring. Such activities help these children cope with the stress of having a parent in a war zone or recovering from injury at home.

NATIONAL MILITARY FAMILY ASSOCIATION

<http://www.militaryfamily.org/resources/links/childrens-resources.html>

Armed Services YMCA

The mission of the Armed Services YMCA of the USA is to put into practice through educational, recreational, social and religious programs and services for military personnel. They offer programs such as childcare, hospital assistance, spouse support services, food services, computer training classes, health and wellness services, and holiday meals, among others.

Child Development Institute Stress Management for Parents

This website offers stress management tips and ideas for relaxation exercises.

Military 4-H Programs

With the support of 4-H professionals, military staff and volunteers provide quality developmental

programs for children in safe and nurturing environments so that military men and women can pursue their critical, high risk assignments.

[Military Child Education Coalition \(MCEC\)](#)

The Military Child Education Coalition (MCEC) is a 501(c)(3) non-profit, world-wide organization, focused on ensuring quality educational opportunities for all military children affected by mobility, family separation, and transition.

[Military Community Youth Ministries](#)

MCYM staff and volunteers seek to love teens unconditionally and provide a model of Christian hope in their military communities through weekly Club and activities.

[Military Interstate Children's Compact Commission](#)

The goal of the compact is to replace the widely varying policies affecting transitioning military students. The compact leverages consistency: It uses a comprehensive approach that provides a consistent policy in every school district and in every state that chooses to join. The compact addresses key educational transition issues encountered by military families including enrollment, placement, attendance, eligibility and graduation.

[Military Kids Connect](#)

MilitaryKidsConnect (MKC) is an online community of military children (ages 6-17 yr old) that provides access to age-appropriate resources to support children from pre-deployment, through a parent's or caregiver's return.

[Military Teen Online](#)

This website is a great place to connect with other military teens. Create a profile, make new friends and talk about everything from moving and friendships to dating, school and more.

[Military Youth on the Move](#)

This DoD site offers information and tools for military kids facing transitions - deployments, moving, divorce

[Sesame Street "Talk, Listen, Connect: Helping Families Cope with Military Deployment"](#)

Sesame Street provides videos and materials geared to help young children deal with deployment and changes in their families with the help of Elmo.

[Tutor.com](#)

Free tutoring for military kids

[United Through Reading](#)

A program that helps deployed parents stay connected with their children by creating read-aloud videotapes.

[Zero to Three](#)

The nation's leading resource on the first years of life.

MILITARY CHILD EDUCATION COALITION

<http://www.militarychild.org/kenginsbu-rg-resources>

Dr. Ken Ginsburg Resources Downloadable from this link:

[College Admissions Stress](#)

[Doing the Right Thing](#)

[Don't Spare Me](#)

[Effective Discipline](#)

[Effective Monitoring](#)

[Effective Monitoring-Safety](#)

[Effective Monitoring-Talking](#)

[Greatest Gift](#)

[I Statements](#)

[Listening](#)

[Perfectionism](#)

[Play](#)

[Positive Behavior](#)

[Saying No](#)

[Stay Connected](#)

[Stay Connected-SchoolAge](#)

[Stay Connected-Teen](#)

[Stop Lecturing](#)

[Timeout](#)

[Wise Choices](#)

Videos you can view from this link:

[Dr. Ken Ginsburg and the Seven C's](#)

[Dr. Ken Ginsburg talks about the Military Child Education Coalition](#)

[Dr. Ken Ginsburg and Military Family Needs](#)

[Dr. Ken Ginsburg and Community Involvement](#)

[Dr. Ken Ginsburg and Warning Signs](#)

[Dr. Ken Ginsburg and Expectations](#)

[Dr. Ken Ginsburg and Concerns](#)

[Dr. Ken Ginsburg and Code Switching](#)